



School Clothing Policy for Sports and Outings

Introduction

Montessori philosophy focuses on independence, not having a uniform and choosing what you want to wear each day supports this philosophy. It also allows children to express themselves and find their identity through clothes. This is why CTMS, like most Montessori schools, does not have a school uniform.

There are occasions when having a uniform can create a sense of belonging to a team. It is also essential to identify you as part of the group or team participating in a particular activity. As we have seen in the introduction of our school clothing, it can create a sense of school spirit.

A uniform for sports and outings also serves the practical purpose of ensuring that all students can be easily identified and that they wear shoes that protect their feet and hats that protect them from the sun.

It is for these reasons that Pre-school and Elementary children are required to follow the school clothing policy for sports and outings.

Sports

Required for off-campus PE and off-campus extra-mural sports:

- School polo shirt or school t-shirt
- School hat, cap or visor
- Close-toed shoes

Pre-school children should wear these items on their PE days or if they participate in off-campus sports such as tennis. They should preferably arrive at school in sports clothes, but the staff can facilitate a change if required for extra-mural off-campus sports.

Elementary children should wear these items if they participate in off-campus extra-mural sports. They are not required for on-campus PE lessons. Elementary children may choose to wear the items to school, or they may bring them to school and change in the locker rooms before and/or after their sports session.

Going Out

Required:

- School polo shirt or school t-shirt
- School hat, cap or visor
- Close-toed shoes

All children leaving the school campus and going on a school outing should arrive at school dressed in their school clothing, wearing headgear and close-toed shoes.